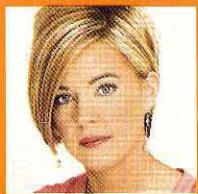


NOVEMBER 2009

# Good Housekeeping

## Eat Better, Spend Less!

### 6 Ways to Downsize Your Grocery Bill



*"I've found strength I never knew I had"*

Kate Gosselin, p. 75

### How NOT to Look Old

Anti-aging tricks  
for every decade

### Make Ahead

# Thanksgiving

## 12 Yummy Classics, Updated

PAULA DEEN  
with grandson  
Jack, age 3, p. 164

Paula's  
**BEST**  
Desserts  
EVER  
p. 237

### Complete Guide to **BACK PAIN** Speediest cures & Do-it-yourself relief



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\$2.50

## Great Picks for Food Storage

Good food containers preserve freshness and prevent contamination if something in the fridge or pantry should spill or leak. You want ones that keep air out and the contents in, and that are durable and practical—able to be microwaved (even when filled with frozen tomato sauce) and washed in the dishwasher (our test: 14 cycles) without showing damage. Here, noteworthy options for the safekeeping of wet or dry foods.



	WHY WE RECOMMEND IT	BUT BE AWARE
<p><b>Plastic Winner</b> <b>Rubbermaid Lock-its</b> \$2 to \$15 for 1-cup to 2.5-gallon sizes (we tested 3- and 5-cup sizes)</p>	<p>The 5-cup size rated highest in our tests: When new, it had excellent air resistance and no leakage—perfect for toting food on the go. Unlike some plastics, these emerged looking as good as new after 14 cycles in the dishwasher, and were among the few that didn't break if dropped when filled and frozen. The lids snap onto the bottoms, so they won't get lost when stored.</p>	<p>Though just as airtight, the 3-cup size leaked after being shaken when new, as well as post-microwaving and -dishwashing. After dishwashing, the large one leaked when left upside down. Microwaving tomato sauce left both of them stained and pitted.</p>
<p><b>Plastic Runner-Up</b> <b>Snapware Mods</b> \$3 to \$12 for 1.25- to 40-cup sizes (we tested 4.5- and 4.7-cup sizes)</p>	<p>The larger container completely resisted leakage from shaking and being left sitting upside down—even after microwaving and dishwashing. The smaller size performed almost as well on these tests.</p>	<p>They cracked when filled, frozen, and dropped. Microwaving left staining and pitting; dishwashing warped lids, making them hard to put on. A good rule: Hand-wash, and don't zap, plastic</p>
<p><b>Glass Winner</b> <b>Snapware GlassLock</b> \$7 to \$15 for 1.4- to 8-cup sizes (we tested 3.1- and 4-cup sizes)</p>	<p>These containers did well on our performance tests, proving extremely airtight. They didn't leak when shaken, though there was seepage when they were left upside down for 24 hours. Like all the glass containers, the bowls withstood microwaving and dishwashing beautifully.</p>	<p>The plastic lids became damaged in the microwave and were harder to put on after dishwashing: Wash by hand, and use plastic wrap or waxed paper as a microwave cover.</p>
<p><b>Glass Runner-Up</b> <b>Anchor Hocking TrueSeal</b> \$4.49 to \$12 for 1- to 11-cup sizes; 10-piece set available (we tested a 4-cup size)</p>	<p>TrueSeal was the only product to earn a perfect score for airtightness. It's dishwasher- and microwave-safe, and the glass can go into the oven at up to 425°F.</p>	<p>The containers leaked when vigorously shaken. Like Snapware's lids, these didn't fare well in the dishwasher or microwave.</p>

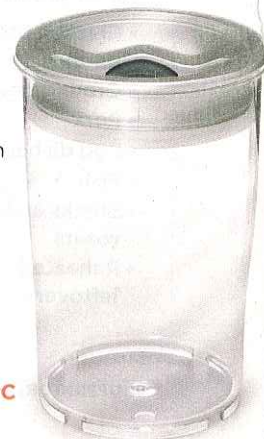
## KEEP DRY FOODS FRESH

If not resealed well, cereal, chips, rice, and pasta go stale (and can be more susceptible to icky bug infestations). While any of the wet/dry containers above will do the trick, we also tested 10 products designed specifically to reseat dry foods, and found these three good ones.

Cinch cereal or chip bags shut with the **A Banana Seal by Seal-A-Bag** (\$1.50 to \$5). This two-piece product works by

pinching the bag top between a flexible tube and a clamp. Another solid choice is the **B Copco Bag Cap** (\$4 to \$7), which slips onto the top of a bag and adds a nearly airtight lid for easy pouring.

For foods that you prefer to transfer from their original packaging, like pasta and rice, try **C ClickClack Accents canister** (\$8 to \$13). It has a good seal and is dishwasher-safe.



B

A

C